LIFE IN TECHNICOLOR VOL. 3 PEACE

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life in technicolor | volume 3: LOVE

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preface

People hope for peace.

People wish for peace, dream about peace and forget that peace is always available inside.

This is dedicated to the peacemakers, peacekeepers and peace-dreamers.

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a vibrant room

a pack of cigarettes sit on a bare empty table an ashtray leans towards it begging for its smoke the floor is wooden with hidden splinters a black cord snakes its way in the middle of brown seas to a source of sound that once sung sweetly life's melancholy an escape is housed in between the four pale walls a framed photo slants with old strangers dust falls like raindrops energy pulses in crevice of memories that leave room for life's vibrancy

a healthy mess

handwritten notes capture an ego submerged with doubts poking holes in reverie of us, of I and i focus on the worry hypothetical purgatory that leaves i stagnant in anxiety's angst however I wait patiently for the ink to bleed through the pages leaving only smudges of a captured ego allowing the art of doubts to emerge from past notes

a blank wall

no matter how others paint you you still hold emptiness i expressed as much as possible in mental graffiti but you wash away each masterpiece leaving me with nothingness manifesting into absolute stillness where thoughts ricochet back to i

they

i forgot how this life thing works i've been too busy living for them the ones that say you're doing big things when your face is plastered on papers the ones that say you're at the top when you're name is plastered to no. 1 the ones that say you're accomplished when your home is the biggest of them all oh no wonder I've been in a constant fall i was mentally set up to fail having amnesia of who I am gave credence for them to work me but today, I sent my resignation papers ready to go to my 24/7 job where life can finally make a living

be

go on
dig it up
that messy incomplete stuff
the fuck ups
the cover ups
the make ups that make up
the bruises and scar tissues
the deep rooted issues

go on take a break to breathe a time to plant a seed to get rid of all the twisted weeds to find out your hidden needs to clear up any dis-ease to breakdown the breakdowns

go on
be comfortable in the stains
that will surely remain
even when you find sane
allow peace to be insane
for life will never be plain
so enjoy the messes
the second guesses
the cursed cusses
allow truth to discuss
itself through you to you
and just be
be

noteworthy

words understate worth in everyday idiom treating us like idiots slyly slipping inferiority like it's noteworthy

words overstate worth in everyday idiom treating us like second-class slyly slipping in superiority like they're noteworthy

words state worth in everyday idiom treating us like humans slyly slipping spirituality because it's noteworthy

a [quest]ion have you ever noticed in silent moments a hum is heard quietly in the key of energy?

[for]give

You did nothing wrong You did nothing wrong

She did nothing wrong *She did nothing wrong*

He did nothing wrong *He did nothing wrong*

God did nothing wrong God did nothing wrong

All merely creating the experience All merely creating the expression All merely creating the energy

Allow the forgiveness To find You To find She To find He To find God

For We are all searching for Love In withering wavelengths

off and on

the frequency of energy polarized in two creates a blurry photo where nuances are hidden and details are considered sins for no one wants a question to be asked from this point of view where thinking is mute and a stranger's suit is praised for "knowing" the creases in its fabric are the lines that need to be drawn so the picture can get much clearer and the wisdom can be turned on

conscious consumption

Evolution can turn into a political, social, mental revolution if we simply execute the consumption of products that enrich words that elevate education that thinks food that energizes liquid that cleanses music that uplifts spirituality that empowers.

illumination

triangles
have sharp edges
cutting and bleeding
the surface of its formation
3D versions are worshipped
only to behold false relevance
for those in search of ego's magnificence
bending the light of its effervescence
searching for empowerment through external means
thinking to have found true wisdom in their team
losing the whole shape of rebirth
where circles are drawn around triangles
curbing its sharp edges
to smooth surfaces
illuminating its true purpose

yesterday

I remember
You remember too
We just have this oblivion
Temporary induced coma
We can wake up at any moment
Any moment
We can remember

I = We

I am greater than the sum of two parts for peace resides in the acceptance of the heart no matter how battered and bruised my beat may be the unconditional rhythm will trump any ideology because I am the only one creating life like this since birth playing the drum in my own continuum on Earth

experimental experience

it was a silent truth or dare game where truth was absolute so we were caught in dare's daring ways twisting our fears into risks so we said yes, yes to the ultimate challenge kissing the lips of Mother's Nature slipping into matter to know what truly matters beyond the ultimate knowing into concrete understanding hoping to gain a balanced remembrance Of yesterday's fuzzy memory

the beginning

eyes, ears, lips and other body parts in formation to be accustomed to new information the grid swims in the sea of one woman's womb the ins and outs of multiple realms overwhelm the psyche while the woman's emotions emote a motive in your barely beating heart, finding empathy young kicking to solidify ego's need for attention to let her know that you are there and you are aware may not have gained the earthly senses yet but still sense always sense the energy that intertwines between mother and child attached to the core even with a broken umbilical cord eyes slanted seeing a familiar light but the view becomes dreamy surreal in its presentation everything is so new always so new until it becomes old where the beginning is lost forgetting the dark ripples of everlasting realities that now feel like a dream waters splatter across canvas of concrete where both feet are firmly planted on the ground overlooking the presence that surrounds lost in translation, missing the striking view where arms, legs, fingers and other body parts were in formation to remember truth's information that was always there since the beginning

still waters

movement contained in small increments the eye cannot see its flowing seas tiny stories placed under a still landscape in a picturesque scene

a Sun, a Moon, a Reminder

Perfection

Lights Up

Your Life

Selflessly

Every

Single

Day

Yet

We miss the opportunity

And focus on our imperfections

Light Dims

To customized

The collective mood

But a flicker still lingers

For another chance to find

Perfection

In every

Single

Way

still

calm the noise slow the traffic quiet the pain pause the past

still
waters
still
molecules
still
actions

calm the doubt slow the suffering quiet the fear pause the future

still
waters
still
molecules
still
thoughts

calm the waters slow the ripples quiet the waves pause the moment

still waters still molecules still emotions

remembered

your Soul mate is You.

the little things

when this journey is done, you've said your goodbyes, you can only pack your memories.

things will never replace moments. accolades will never replace peace. money will never replace God.

when you've arrived in your new home, you're about to say your new hellos, you can only bring your experiences.

memories will serve as stories. lessons will serve as wisdom. growth will serve as elevation.

once your path is finished and it's time to move along remember the little things in your next journey where new memories can be packed and new experiences can be created.

a discovery You

You match the Uni Verse

acknowledgments

Thank You, God, for allowing us to remember you as mini-yous. Thank you, family and friends, for the unconditional love. Thank you, spirituality and metaphysics, for the reminder. Thank you, reader, for engaging in this book.

I truly love you.

Sincerely,

Tunisia Jolyn

biography



Tunisia Jolyn, born and raised in Philadelphia, was always inspired by words whether on pages or in songs. At the age of 14, she took words in her own hands writing her inner most feelings in a blue notebook. She decided to hone her love for writing during her college years, majoring in English at Temple University.

In 2012, she began taking her craft seriously, releasing a highly-praised free poetry book, Narcissism, Notes & Niceties on her website, The Jolyn Project {www.thejolynproject.com}. This year, she released two books in the life in technicolor series—vol. 1: love and vol. 2: war which received positive reviews.